

crime victim center

ANNUAL REPORT 2022

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EXECUTIVE DIRECTOR STATEMENT

2022 was a memorable year for the Crime Victim Center!

Throughout the year (and officially on September 8th), we celebrated opening our doors 50 years ago. Check out our 50-year logo at the bottom. So much has changed in over fifty years, yet many things still remain the same. Some major efforts are happening in St. Louis to prevent crime, and at the same time, our need for services has only increased.

We were recognized by the National Office of Victim Assistance (NOVA) for our 50 years of services by receiving the Tadini Bacigalupi Jr. Distinguished Program Award. It is an honor to be recognized by NOVA.

In 2022, we added a new Homicide Response program to our Advocacy Department. This new program provides a direct partnership and referral system from St.Louis County Homicide Detective Unit. We worked really hard to see our partnerships grow, and we are excited to see where we will go next!

We also received a federal OVW grant called Justice for Families. This grant will allow us to grow our oldest program, COPA City. Stayed tuned for more.

For the first time ever, our overall budget was over one million dollars. When I started as the Executive Director in August 2020, we had a staff of 14. We now have a staff of 19 (and counting!). We are focused on smart growth. We hope to reach more and more victims and survivors each year.

Our budget also saw some major success in 2022. We saw an increase in fundraising revenue and an increase in donations.

I am so hopeful for the next 50 years of CVC and for our community. Thank you for your support!

Katie Dalton



50





Revenue: \$1,035,244

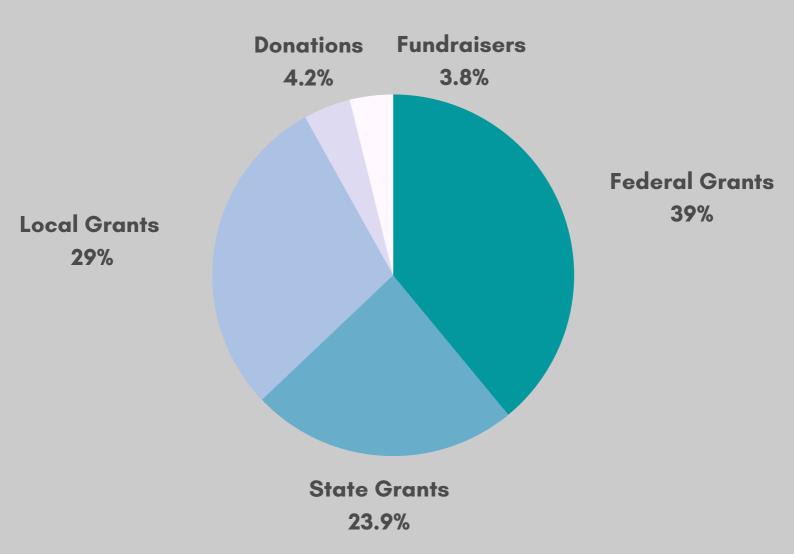
Expenses 49.8%

Revenue 50.2%

Expenses: \$1,026,420



REVENUE BREAKDOWN



2022 Highlights

compared to 2021

- 93% increase in donations raised
- 94% increase in fundraising made
- 102% increase in local grants

OUR TEAM

Staff

as of Dec. 2022 Katie, Executive Director Peggy, Director of Clinical Katie, Managing Attorney Sheila, Director of Advocacy Meghan, Director of Grants & Volts **Beth.** Counselor Kat, Youth Counselor Sherrita. Counselor **Renee, Client Services Manager** Shelda, Family Support Advocate Kailyn, Victim Advocate Anna, Victim Advocate Bri. Victim Advocate Erin, Victim Advocate Allison. Victim Advocate Maggie, Victim Advocate Sydney, Victim Advocate

Board of Directors

as of Dec. 2022 Julie Lawson Rein Institute Jami Ake Washington University Matt Bates **BJC Healthcare** Melissa Eiswirth **Bayer Cheryl Kelly Thompson Coburn Drew Young** Saint Louis University **Odesa Weatherford** Harris Stowe State University **Kristen Mueller Barnes Jewish Hospital Charla Claypool** Lewis Rice

Volunteers

22 interns & volunteers who completed 4,302 service hours

TEAMWORK MAKES THE MAKE DREAM WORK THANK YOU TO ALL WHO HELP SUPPORT OUR MISSON

OUR PROGRAMS

Trauma Focused Counseling

- individual or group
- in-person or virtual
- no session limits
- licensed staff trained in EMDR, CPT, TF-CBT, & Play Therapy

Youth Engagement

- Counseling for ages 10 and up
- Resources and referrals for families working with SLMPD's Juvenile Unit

Victim Advocacy

- community and systemrelated programs
- assistance with police, Orders of Protection, and Victim Compensation
- safety planning, crisis intervention, & resources

Civil Legal Assistance

- legal helpline
- legal information & referrals
- legal representation for victims of IPV through the Order of Protection process

Community Engagement

- resource fairs
- trainings around CVC services, victim rights, safety, and trauma
- attending community events

OUR CLIENTS



of our clients identify as female



of our clients age ranges from 30-45



of our clients identify as people of color



of our clients are referred from courts or police

2022 HIGHLIGHTS

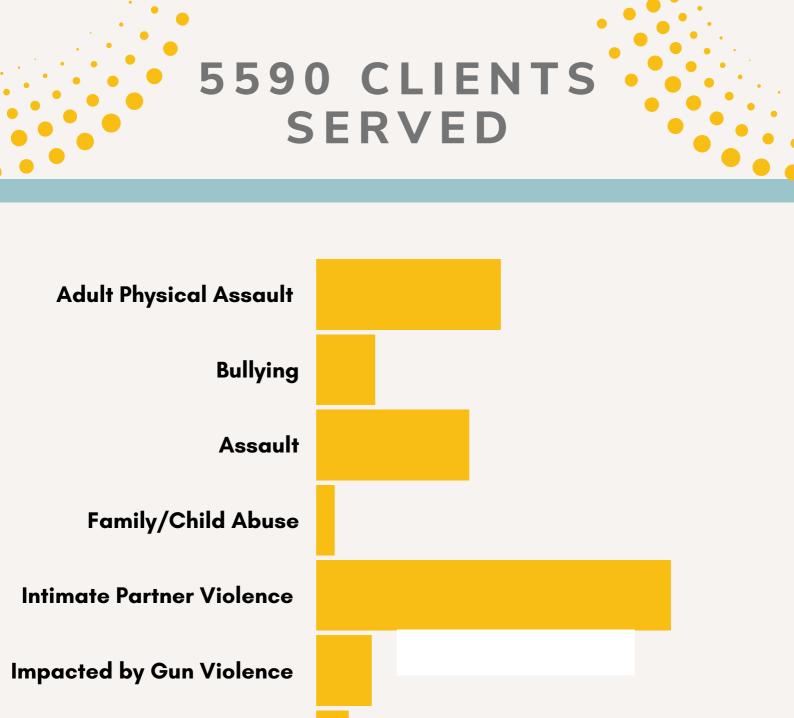
Provided 43 trainings or presentations to the community

Attended 11 virtual or in-person resource fairs

14,261 views on the website and social media pages

less than 1% of counseling clients were "no-shows" for their appointments

added 230 supporters to receive our monthly newsletter



Homicide

Property Damage

Stalking/Harassment

Theft/Robbery

0 1,000 2,000 3,000 4,000 5,000

OUR IMPACT



A Rose with Thorns

A story written by a former client

I can say with certainty that I am alive today due to the transformative therapy I received at The Crime Victim Center.

When I first began therapy, I felt like a shell of my vibrant, former self. I was so paralyzed by fear that I had trouble enjoying normal activities. I lived in darkness, drawing the curtains closed and hiding away from the daunting danger that I was convinced was lurking around every corner.

When I walked out of my last therapy session, I felt whole, energized, and ready to forge ahead. I was able to fully embrace my children and delight in their growth and adventurepacked escapades! I was not only a survivor- I was a thriver!

My real-life nightmare started about a decade ago.I began being stalked by a young adult I had mentored in the past. At first, when he asked for toiletries and socks, I thought nothing of it. I knew his family lived in poverty and he was brought up in a challenging environment. He had always treated me with respect and expressed gratitude on more than one occasion. It never occurred to me that I might one day become his victim.

Then all of a sudden, too late. He started demanding more money from me and proceeded to rob me at ATMs around the city. He held me hostage in my car during high speed jaunts, and threatened me and my family if I told anyone about his crimes. The most harrowing moment was when he held me at gunpoint- after I told him I had nothing left to hand over- and I thought that the end was imminent. I couldn't imagine a way out because he tracked me down anywhere I wenteven at my son's daycare. I tried changing my phone number four times, but he always found a way to contact me.I considered suicide as a way to escape the never-ending threats that put my family at risk and the burden of having to navigate the abuse all alone. He used gaslighting to make me anxiously question reality and he convinced me that my life would shatter into pieces if I told a soul about his crimes.

When I first began my healing work, flashbacks of the horrific incidents described above haunted me- both day and night. I was certain he would break into my home and kill me and my family members because I had worked up the courage to refuse to give him a prized item he wanted to cash in. I wholeheartedly believed I would never be free from fear and it felt like the lasting effects of trauma would overshadow my life forever.

My therapist helped me take back control of my life. She led me to realize I "won" by freeing myself from his grip. She helped me articulate that by eventually deciding to bravely open up to loved ones about the abuse, I "won" by using my voice to advocate for my needs. He was no longer able to isolate me and force me into silence.

My therapist was always by my side, empowering me to keep working hard and thanking me, each week, for simply showing up so we could tackle the difficult work of overcoming my trauma together. In time, I was incredibly relieved to see that the therapy truly worked! I could unclench my fists, walk in my neighborhood without looking over my shoulder, and sleep soundly without being tormented by the past.

OUR DONORS

Allison Bischoff Andy Ritter Ashley McCarthy Barb Pohl **Barb Theerman Barbara Santoro Beast BBO Becky White Beth Chamblin Big A's Big Shark Bike** Bri Kamm Brian & Jason Kurtas-Ketelsen **Brynn Palmer Buck Smith Candle Fusion Studio** Charla Claypool **Cheryl Kelly Christine Hustedde Christine Ilewski-Hulesmann Clarkson Jewelers Dismas House of St. Louis Drew Young Elaine Dalton Erin Pohl** Ezra Temko First Integrity Mortgage First Unitarian Church of St. Louis Frank Chamblin **Franz Family Foundation Trust Graficia Frames** Hannah Fisher-Forman

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Thank you for your support.

SOME BUT DEFINITELY NOT ALL OUR PARTNERS & COMMUNITY





Pictures of staff with friends!









Awareness











